



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Homestyle Whole Grain Chicken Nuggets with ISP & DWE

CODE NUMBER: 6153 Case Wt: 30# CN# 84896 Donated Food/Case: 20.27#

SERVING SIZE: 3.04 oz Servings/Case 156 Contribution: 2 M/MA Serving 1 Grain Serving 5 .608oz Nuggets=1 Serv.

UPC Code: 75632-06153-5 Gr. Cs. Wt: 31.87 Case Cube: 1.48 Case Dim: 17.1 L x 13.1 W x 11.44 H Pallet: 8T x 7H Cs/Pallet: 56 Shelf Life 365 days

BID DESCRIPTIONS

Whole Grain Homestyle Breaded fully cooked CN labeled chicken nuggets produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of Soy permitted. Nuggets to be batter breaded with whole grain wheat flour homestyle breaded. 5 nuggets @ 0.608 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative and 1 Grain serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	170	Carbohydrates (g)	9
Fat (g)	8	Dietary Fiber (g)	1
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	50	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	127
Vitamin C (mg)	1

Minerals

Sodium (mg)	396
Calcium (mg)	22
Iron (mg)	2

Everett Kuglar- Director of School Foodservice

1/15/13

Date



Fully Cooked

6153

Whole Grain Homestyle Breaded Chicken Nuggets

Breaded Nugget Shaped Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Dried Whole Egg, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder, **Breaded With:** Whole Wheat Flour, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Sugar, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dextrose, Garlic Powder, Soybean Oil, Extractives of Paprika, **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Sugar, Salt, Onion Powder, Leavening (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Chicken Broth, Dextrose, Yeast Extract, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Natural and Artificial Flavors, Lactic Acid, Extractives of Paprika, **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Maltodextrin, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dextrose, Soybean Oil, Artificial Flavor, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor, Lactic Acid, Soybean Oil, Mono and Diglycerides, Extractives of Paprika.

CONTAINS: EGG, SOY and WHEAT

Distributed By: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation
Product of USA

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-14 minutes at 350°F;
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

"Copy not for documenting
Federal Meal Requirements"

Five 0.608 oz. Fully Cooked Whole Grain Homestyle Breaded Chicken Nuggets provide 2.00 oz. equivalent meat/meat alternate and 1.00 serving of bread alternate for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10/12.)



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